

## Tush Push

1 (2)

### (a.k.a. Push Tush)

Choreographed not exactly known (Jim Ferrazzano / Kenneth Engel)

Description 40 count, 4 wall

Level beginner/intermediate

Music Chattahoochee by Alan Jackson  
Born To Boogie by Hank Williams Jr.

Any music that is quite fast (150 bpm or more)

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### **RIGHT HEEL TAPS, LEFT HEEL TAPS**

- 1-4 Touch right heel forward, hook right in front of left, touch right heel forward, touch right heel forward & Step right together
- 5-8 Touch left heel forward, hook left in front of right, touch left heel forward, touch left heel forward & Step left together

### **RIGHT, LEFT, RIGHT HEEL TAPS AND CLAP, BUMP HIPS RIGHT TWICE, BUMP HIPS LEFT TWICE**

- 9& Touch right heel forward, step right together
- 10& Touch left heel forward, step left together
- 11-12 Touch right heel forward, clap
- 13-14 Rock right in place and bump hips right, bump hips right
- 15-16 Recover to left and bump hips left, bump hips left

### **BUMP HIPS RIGHT AND LEFT TWICE, RIGHT FORWARD CHA-CHA, ROCK FORWARD**

- 17-20 Bump hips right, bump hips left, bump hips right, bump hips left (weight to left)
- 21&22 Step right forward, step left together, step right forward
- 23-24 Rock left forward, recover to right

### **LEFT BACKWARD CHA-CHA, ROCK BACK, RIGHT FORWARD CHA-CHA AND ½ TURN RIGHT**

- 25&26 Step left back, step right together, step left back
- 27-28 Rock right back, recover to left
- 29&30 Step right forward, step left together, step right forward
- 31-32 Step left forward, turn ½ right (weight to right)

### **LEFT FORWARD CHA-CHA AND ½ TURN LEFT, RIGHT FORWARD, ¼ TURN LEFT, STOMP, AND CLAP**

- 33&34 Step left forward, step right together, step left forward
- 35-36 Step right forward, turn ½ left (weight to left)
- 37-38 Step right forward, turn ¼ left (weight to left)
- 39-40 Stomp right together, clap

### **REPEAT**

**OPTION 1:**

- 1-4 Touch right heel forward 4 times
- & Step right together
- 5-8 Touch left heel forward 4 times
- & Step left together

**OPTION 2:**

- 1 Touch right heel forward
- 2 Touch right together
- 3-4 Touch right heel forward, touch right heel forward
- & Step right together
- 5-8 Repeat 1-4 with left foot

**OPTION 3:**

- 1 Hop feet apart
- 2 Hop and cross right over left
- 3-4 Turn full turn to left
- 5-8 Repeat 1-4, either in the same or opposite direction

**OPTION 4: (8-BEAT SYNCOPATED STEPS, A.K.A. PRETZELS)**

- 1 Cross right over left
- &2 Step left to side, touch right heel forward
- &3 Drop right toe, step left over right
- &4 Step right to side, touch left heel forward
- &5 Drop left toe, step right over left
- &6 Step left to side, touch right heel forward
- &7 Drop right toe, step left over right
- &8 Step right to side, touch left heel forward

**OPTION 5: (QUARTER TURN, HALF TURN)**

- 35-36 Step right forward, turn  $\frac{1}{4}$  left (weight to left)
- 37-38 Step right forward, turn  $\frac{1}{2}$  left (weight to left)

**OPTION 6: (ST. LOUIS STYLE, WHICH IS 44 COUNTS)**

- 37-40 Repeat 29-32
- 41-43 Step left to side, turn  $\frac{1}{4}$  right (weight to right)
- 43 Stomp left beside right
- 44 Clap